

• **Name:** Luisito O. Llido, MD, FPCS, DPBCN, FPSGS

• **Current Positions:**

- Active Consultant, General Surgery, St. Luke's Medical Center
- Active Consultant, Clinical Nutrition Service, St. Luke's Medical Center, Quezon City
- Member, Nutrition Committee, St. Luke's Medical Center
- Faculty, Clinical Nutrition Fellowship Training Program, St. Luke's Medical Center
- Past President, Philippine Society of Parenteral and Enteral Nutrition
- Faculty, Total Nutrition Therapy Workshop, Abbott International
- Faculty, BBraun/Aesculap Academy: Asia Pacific Parenteral Nutrition Workshop
- Head and consultant: Nutrition Team Development, Philippine Society of Parenteral and Enteral Nutrition
- Chairman, Philippine Board of Clinical Nutrition (PBCN)
- Active Consultant, Clinical Nutrition Services, St. Luke's Medical Center

• **Country:** Philippines

• **Educational Background:**

- BS Pre-Med: University of the East, 1971-74
- Medical School: University of Santo Tomas, 1975-79
- Residency in General Surgery, St. Luke's Medical Center, 1980-85

• **Professional Experiences:**

- Head, Clinical Nutrition Services, St. Luke's Medical Center, Quezon City, Philippines (2010)
- Head, Nutrition Committee, Nutrition Support Services, St. Luke's Medical Center (2001 to the present)
- Head, Clinical nutrition fellowship training program, St. Luke's Medical Center (2002-2010)
- Training Officer, Clinical Nutrition Fellowship Training Program, St. Luke's Medical Center (2010 – present)
- Co-Chairman and Faculty, Master's Program in Clinical Nutrition, St. Luke's Medical Center and Philippine Women's University collaboration, initiated year 2005.
- Head, Obesity and Weight Management Center, St. Luke's Medical Center, from 2004 to 2010
- Faculty, Total Nutrition Therapy Workshop, Abbott International; initiated in 1991 to the present
  - Chicago, Illinois, USA (1999)
  - Manila, Philippines (2000 to the present)
  - Bangkok, Thailand (2002 and 2003)
  - Bandung and Jakarta, Indonesia (2004, 2005, 2006)
  - Beijing, China (2004)
  - Seoul, Korea (2005)
  - Kuala Lumpur, Malaysia (2006)
  - Tian Jin, China (2006)
  - Manila, Philippines (2007)
  - Nanjing, China (2007)
  - Philippines (2008 to the present)
- Faculty, FRANC Asia (years 2000 to 2008), Fresenius Kabi, Asia Pacific
  - Bangkok, Thailand (2001 and 2002)
  - Singapore (2003)
  - Sydney, Australia (2005)

- Manila, Philippines (2006)
- Jakarta, Indonesia (2007)
- Beijing, China (2008)
- Kota Kinabalu, Malaysia (2009)
- New Delhi, India (2010)

- Faculty, GNP (Good Nutrition Practice), June 4, 2009; Pre-Congress event, Fresenius Kabi Asia Pacific; PENSA 2009 Congress, Kuala Lumpur, Malaysia.
- Faculty, Parenteral Nutrition Workshop, B. Braun, June 8-9, 2009, Le Meridien Hotel, Kuala Lumpur, Malaysia.
- Active Consultant, General Surgery, member Subsection of Surgical Nutrition and Metabolic Support, St. Luke's Medical Center
- Active Consultant, Clinical Nutrition Practice, St. Luke's Medical Center.
- Member, Committee on Research, Philippine Society of General Surgeons (2014-2016)
- Head, Sub-Committee in Surgical Nutrition, Committee on Surgical Training, Philippine Society of General Surgeons (2018)
- Chairman, Sub-Committee on Critical Care, Committee on Trauma, Philippine College of Surgeons (2018)

#### • Professional Organizations:

- Philippine Medical Association
- Philippine College of Surgeons
- Philippine Society of General Surgeons
- Parenteral and Enteral Nutrition Society for Asia (PENSA)
- Philippine Society of Parenteral and Enteral Nutrition (PHILSPEN)
- Philippine Board of Clinical Nutrition (PBCN)

#### • Main Scientific Publications:

##### International: journals

- Llido LO. The impact of computerization of the nutrition support process on the nutrition support program in a tertiary care hospital in the Philippines: Report for the years 2000-2003 Clin Nutr 2006; 25(1): 91-101.
- Umali MN, Llido LO, Francisco EM, Sioson M, Gutierrez EC, Navarette EG, Encarnacion MJ. Recommended and actual calorie intakes of intensive care unit patients in a private tertiary care hospital in the Philippines. Nutrition 2006; 22(4): 345-9.
- Dineros H, Sinamban R, Llido LO, et al. Obesity surgery in the Philippines: experience in a private tertiary care hospital for years 2002 to 2004. Obes Surg. 2007 Jan; 17(1):82-7.
- Asprer J, Llido LO, Sinamban R, Schlotzer E, Kulkarni H. Effect on immune indices of preoperative intravenous glutamine dipeptide supplementation in malnourished abdominal surgery patients in the the pre-operative and postoperative periods. Nutrition 2009 Sep; 25(9): 920-5.
- Tan-Ting A, Llido LO. Outcome of a hospital based multidisciplinary weight loss program in obese Filipino children. Nutrition 2011; 27(1): 50-4.
- Cervo MMC, Llido LO, Barrios EB and Panlasigui LN. Effects of canned pineapple consumption on nutritional status, immunomodulation, and physical health of selected school children. J Nutr Metab 2014); Article ID 861659

##### International: abstract/poster presentations

- Calaguas M, Llido LO. The effect of oral supplementation with immunonutrients on radiation-induced hematologic toxicity in cancer patients (Poster presentation: International Society of Intensive Care Medicine Congress, Brussels, Belgium, 2010)
- Redondo DC, Llido LO. Development of a nutrition support team in a provincial tertiary care hospital in the Philippines (Poster presentation: ASPEN annual congress; Las Vegas, Nevada, 2010)