

• **Name:** Renée Blaauw, PhD, RD

• **Current Position:** Associate Professor in Therapeutic Nutrition, Division of Human Nutrition, Faculty of Medicine and Health Sciences, Stellenbosch University, Cape Town

• **Country:** South Africa

• **Educational Background:**

1998	PhD (Nutrition)	Stellenbosch University
1990	M. Nutrition (cum laude)	Stellenbosch University
1884	B. Nutrition	Stellenbosch University

• **Professional Experiences:**

October 2009 – Present:	Associate Professor in Therapeutic Nutrition, Division of Human Nutrition, Stellenbosch University
January 2002 – September 2009:	Consultant Dietitian in Private Practice and Part-time senior lecturer, Division of Human Nutrition, Stellenbosch University
April 2000 – December 2001:	Senior lecturer, Division of Human Nutrition, Stellenbosch University
January 1991 – March 2000:	Lecturer, Department of Human Nutrition, Stellenbosch University
April 1990 - December 1990:	Acting head, Nutrition Unit, Stellenbosch University
September 1988 - December 1990:	Lecturer, Nutrition Unit, Stellenbosch University.
January 1985 - August 1988:	Dietitian, Diabetes and Endocrinology Unit, Department of Dietetics, Tygerberg Hospital, Cape Town

• **Professional Organizations:**

- Honorary Member - Association for Dietetics in Southern Africa (ADSA)
- Honorary Member - South African Society of Parenteral and Enteral Nutrition (SASPEN)
- Member - Critical Care Society of South Africa
- Member – ESPEN
- Member - ASPEN

• **Main Scientific Publications:**

20 most recent publications listed below. <http://orcid.org/0000-0001-7413-5918>

1. **Koen N; Wentzel-Viljoen E; Nel DG & Blaauw R.** Consumer knowledge and use of food and nutrition labelling in South Africa: A cross-sectional descriptive study. *Int J Consum Stud.* 2018;00:1–12. <https://doi.org/10.1111/ijcs.12422>.
2. **Blaauw R; Daniels L; Du Plessis LM; Koen N; Koornhof HE; Marais ML & Visser J.** Assessing the utilization of a child health monitoring tool. *SA J Child Health* 2017; 11(4):174-179. <http://dx.doi.org/10.7196/SAJCH.2017.v11i4.1326>

3. **Du Plessis LM; Koornhof HE; Marais ML & Blaauw R.** Implementation of the Road-to-Health-Booklet health promotion messages at primary health care facilities, Western Cape Province, South Africa. *SA J Child Health* 2017; 11(4):164-169. <http://dx.doi.org/10.7196/SAJCH.2017.v11i4.1414>
4. **Donoghue V; Spruyt M & Blaauw R.** Use of Intravenous Fat Emulsions in Adult Critically Ill Patients: Does omega 3 make a difference? *S Afr J Clin Nutr* 2017;30(3):38-48. <http://www.sajcn.co.za/index.php/SAJCN/article/view/1281>
5. **Philips L; Visser J; Nel DG & Blaauw R.** The association between tuberculosis and the development of insulin resistance in adults with pulmonary tuberculosis in the Western sub-district of the Cape Metropole region, South Africa: a combined cross-sectional, cohort study. *BMC Infectious Diseases* 2017. DOI 10.1186/s12879-017-2657-5. <http://dx.doi.org/10.1080/16070658.2017.1345430>
6. **Du Toit A; Boutall AB & Blaauw R.** Opinions of South African dietitians on fistuloclysis as a treatment option for intestinal failure patients. *S Afr J Clin Nutr*, 2017. DOI: 10.1080/16070658.2017.1345430. <http://dx.doi.org/10.1080/16070658.2017.1345430>
7. **Blaauw R & Du Toit AL.** Enteral formula: Selecting the right formula for your patient. *S Afr J Clin Nutr* 2017;30(2):39-45. <http://www.sajcn.co.za/index.php/SAJCN/article/view/1252>
8. **Pillay M; Bester J; Blaauw R; Harper A; Msindwana A; Muller J & Philips L.** Allied health professional rural education: Stellenbosch University learners' experiences. *Afr J Health Professions Educ* 2016;8(2):169-173. DOI:10.7196/AJHPE.2016.v8i2.578.
9. **Nienaber A; Dolman RC; Van Graan AE & Blaauw R.** Prevalence of glutamine deficiency in ICU patients: a cross-sectional analytical study. *Nutrition Journal* 2016; 15:73. DOI 10.1186/s12937-016-0188-3
10. **Van Zyl Z; Maslin K; Dean T; Blaauw R & Venter C.** The accuracy of dietary recall of infant feeding and food allergy data. *J Hum Nutr Diet.* 2016; 29(6):777-785. doi: 10.1111/jhn.12384
11. **Mkhawani K; Motadi SA; Mabapa NS; Mbhenyane XG & Blaauw R.** Effects of rising food prices on household food security amongst female headed households in Runnymede Village, Mopani District, South Africa. *S Afr J Clin Nutr* 2016;29(2):69-74. <http://www.sajcn.co.za/index.php/SAJCN/article/view/994>
12. **Veldsman L; Richards G & Blaauw R.** The dilemma of protein delivery in the Intensive Care Unit. *Nutrition* 2016;32:985-988. <http://dx.doi.org/10.1016/j.nut.2016.02.010>
13. **Koen N, Wentzel-Viljoen E & Blaauw R.** Food and Nutrition Labelling: The past, present and the way forward. *S Afr J Clin Nutr* 2016; 29: 13-21. <http://www.sajcn.co.za/index.php/SAJCN/article/view/1076/1377>

14. **Van Niekerk E; Nel DG; Blaauw R & Kirsten G.** Probiotics reduce Necrotizing Enterocolitis Severity in HIV-exposed premature Infants. *J Trop Pediatr* 2015; 0: 1-10. Doi: 10.1093/tropej/fmv004
15. **Mugambi MN; Young T & Blaauw R.** Application of evidence on probiotics, prebiotics and synbiotics by food industry: a descriptive study. *BMC Research Notes* 2014; 7: 754. doi:10.1186/1756-0500-7-754
<http://www.biomedcentral.com/content/pdf/1756-0500-7-754.pdf>
16. **Van Niekerk E; Austran CA; Nel DG; Kirsten GF; Blaauw R & Bode L.** Human milk oligosaccharides differ between HIV-infected and -uninfected mothers and correlate with the incidence of necrotizing enterocolitis in their preterm very low birth weight infants. *Journal of Nutrition* 2014; 144: 1227 - 1233. doi:10.3945/jn.113.187799
17. **Van Niekerk E; Kirsten G; Nel DG & Blaauw R.** Probiotics, feeding tolerance and growth: A comparison between HIV-exposed and unexposed very low birth weight infants. *Nutrition* 2014, 30: 645 – 653. doi: 10.1016/j.nut.2013.10.024. PMID:24613436
18. **Van Niekerk E; Kirsten G & Blaauw R.** The role of human milk oligosaccharides in preventing necrotising enterocolitis and human immunodeficiency virus transmission. *S Afr J Clin Nutr* 2014; 27: 51 – 55. www.sajcn.co.za/index.php/SAJCN/article/view/790/1179
19. **Stevenson C; Blaauw R; Visser J; Fredericks E & Roux S.** Randomized clinical trial: Effect of *Lactobacillus plantarum* 299v on symptoms of irritable bowel syndrome. *Nutrition* 2014; 30: 1151 - 1157. [10.1016/j.nut.2014.02.010](http://dx.doi.org/10.1016/j.nut.2014.02.010)
20. **Stevenson C; Roux S; Visser J & Blaauw R.** Food avoidance in irritable bowel syndrome leads to a nutrition-deficient diet. *S Afr J Clin Nutr* 2014; 27: 25 – 30. <http://www.sajcn.co.za/index.php/SAJCN/article/view/736/1139>