

• **Name:** Takashi HIGASHIGUCHI, MD, PhD

• **Current Position:**

Professor and Director,
Department of Surgery & Palliative Medicine, Fujita Health University School of Medicine

Director of Palliative Care Center,
Chairman of Nutrition Support Team (NST) in Main Hospital, Fujita Health University School of Medicine

Chairman of Board of Trustee for Japanese Society for Parenteral and Enteral Nutrition (JSPEN)

President of International Association for Surgical Metabolism and Nutrition (IASMEN)

President of WAVES Japan

Director of Parenteral and Enteral Society of Asia (PENSA)

Director of Japan Council for Nutritional Therapy (JCNT)

Director of Japanese Society for Palliative Medicine (JSPM)

Chair of Director for Society of Mie Palliative Medicine

Chair of Director for Society of Aichi Palliative Medicine

Council of Japan Surgical Association

Council of Japanese Society of Hepato-Biliary-Pancreatic Surgery

Council of Japanese Society for Clinical Pathway

Council of Japanese Association for Clinical Research on Death and Dying

• **Country:** Japan

• **Educational & Training Background:**

M.D.	Mie University School of Medicine, Japan, 1981
Residency, surgical	First Department of Surgery and Thoracic Surgery, Mie University School of Medicine, 1981-1982
	Department of Surgery, Suzuka General Hospital, 1982-1983
Postgraduate course	Mie University, Postgraduate course of Medicine, 1983-1987
Board Certified in Surgery	1985
Ph.D.	Mie University, Postgraduate course of Medicine, 1987
Certified in Gastrointestinal Surgery	1990
Certified Research fellow	Department of Surgery, University of Cincinnati, Ohio, U.S.A. (certified by Prof. Josef E. Fischer), 1990-1992
Certified in Gastroenterology	1993
Certified Specialty of Gastrointestinal Surgery	1993
Certified Specialty of Hepatology	1993

• Past Positions:

- Instructor, First department of Surgery, Mie University of School of Medicine, 1987-1989
- Research fellow, Department of Surgery, University of Cincinnati, Ohio, U.S.A.(certified by Prof. Josef E. Fischer), 1990-1992
- Instructor, First department of Surgery, Mie University of School of Medicine, 1992-1994
- Assistant Professor, First department of Surgery, Mie University of School of Medicine, 1994-1996
- Chief of Department of Surgery, and Chairman of NST in Suzuka General Hospital, 1996-1999
- Director of Department of Surgery and Operation Room, and Chairman of NST, Owase General Hospital, 2000-2002
- Vice President and Director of Department of Surgery, Chairman of NST, Owase General Hospital, 2002-2003
- Professor and Director, Department of Surgery & Palliative Medicine , Fujita Health University School of Medicine, 2003-
- Chairman of Nutrition Support Team (NST) in Nanakuri Memorial Hospital, Fujita Health University School of Medicine, 2003-
- Vice-president of Nanakuri Memorial Hospital, Fujita Health University School of Medicine, 2009-
- Chief of Palliative Care Unit & Team in Main Hospital, Fujita Health University School of Medicine, 2010-
- Chairman of Nutrition Support Team (NST) in Main Hospital, Fujita Health University School of Medicine, 2010-
- President of The 26th Annual Congress of JSPEN, 2010-2011
- President of The 18th Annual Congress of JSPM, 2012-2013
- President of PENSA, 2013-2015

• Professional Organizations:

- Japanese Society for Parenteral and Enteral Nutrition (JSPEN)
- WAVES Japan
- International Association for Surgical Metabolism and Nutrition (IASMEN)
- Japanese Society for Surgical Metabolism and Nutrition
- Japan Council for Nutritional Therapy
- Japan Surgical Association
- Japanese Society of Hepato-Biliary-Pancreatic Surgery
- Japanese Society for Palliative Medicine
- Japanese Society for Clinical Pathway
- Japan Surgical Society
- Japan Society of Gastrointestinal Surgery
- Japanese Society of Gastroenterology
- Japanese Society of Hepatology
- Japanese Association of Nutritional Assessment
- Japanese Society of Clinical Oncology
- Japanese College of Surgeons
- Japan Society of Transplantation
- Japan pancreas Society
- Japan Biliary Association
- Japanese Society for Abdominal Emergency Medicine
- Japanese Association for Acute Medicine
- Japanese Association for Clinical Research on Death and Dying
- Society of Mie Palliative Medicine
- Society of Mie Chusei Palliative Care

• **Main Scientific Publications:**

Higashiguchi T, Yasui M, Bessho S, et al. Effect of Nutrition Support Team based on the New System”Potluck Party Method (PPM)” .Jp J Surg Metabol Nutri 2000; 34(1) : 1-8

Takashi Higashiguchi, Akihiko Futamura, Akihiro Ito, Shinji Yaga, Takamasa Ohkawa, Hikari Ohkawa; A clinical study of the immediate and delayed effects of new dietary supplements on exercise-related fatigue and the Inhibition of delayed-onset muscle soreness. Ann Public Health Res, 2014, 1(2): 1010

Takashi Higashiguchi, Junichi Ikegaki, Kazuya Sobue, Yoichiro Tamura, Nobuhisa Nakajima, Akihiko Futamura, Mitsunori Miyashita, Naoharu Mori, Akio Inui, Keiichiro Ohta, Toyoshi Hosokawa: Guidelines for parenteral fluid management for terminal cancer patients. Japanese Journal of Clinical Oncology, 2016, 1–7

Takashi Higashiguchi, Hidenori Arai, Ling Hui Claytor, Masafumi Kuzuya, Joji Kotani, Shyh-Dye Lee, Jean-Pierre Michel, Tetsushi Nogami, Nanhai Peng : Taking action against malnutrition in Asian healthcare settings: an initiative of a Northeast Asia Study Group. Asia Pac J Clin Nutr 2017;26 (2):XXX-XXX

Takashi Higashiguchi, Akihiro Ito, Hirofumi Nishiyama, Takashi Shigematsu, Atsuko Ishikawa, Hiroyuki Kato, Shohei Iijima, Nobuyuki Kikuchi : Appropriate nutritional management in patients with impaired mastication and those with mild dysphagia: a multicenter study of the usefulness of novel foods processed and softened by enzymes. Asia Pac J Clin Nutr 2017;26(6):1007-1015 1007

Takashi Higashiguchi, Hiroshi Ohara, Yayoi Kamakura, Takeshi Kikutani, Masafumi Kuzuya, Hiromi Enoki, Hiromi Sanada, Masami Matsuzaki, Michio Maruyama: Efficacy of a new post-mouthwash Intervention (Wiping Plus Oral Nutritional Supplements) for preventing aspiration pneumonia in elderly people: Ann Nutr Metab 2018; 71(3-4):253-260