

- **Name:** Tommy Cederholm
- **Current Position:**
  - Professor of Clinical Nutrition, Dep. of Public Health and Caring Sciences/Clinical Nutrition and Metabolism (Head), Uppsala University
  - Senior consultant, Theme Ageing, Head - Multi-morbid older patients with frailty, Karolinska University Hospital
  - Senior Consultant, Department of Geriatric Medicine, Uppsala University Hospital
- **Country:** Sweden
- **Educational Background:** MD, PhD
- **Professional Experiences:**
  - MD, Specialist in Internal medicine and Geriatrics with 15 years of experience in Internal Medicine and 20 years of experience in Geriatric Medicine
  - Professor, Research leader and 35 years of experience in geriatric nutrition research
- **Professional Organizations:**
  - Karolinska Institutet, Stockholm, Uppsala University, Uppsala, Stockholm County Council
  - Uppsala County Council
- **Main Scientific Publications:**
  1. Freund Levi Y, Eriksdotter-Jönhagen M, Cederholm T, Basun H, Faxén Irving G, Garlind A, Vedin I, Vessby B, Wahlund LO, Palmblad J. Omega-3 fatty acid treatment of 174 patients with mild to moderate Alzheimer's disease (OmegAD): a randomized double-blind trial. *Arch Neurol* 2006;63:1402-8.
  2. Cruz-Jentoft A, Baeyens JP, Bauer J, Boirie Y, Cederholm T, Landi F, Martin F, Michel JP, Rolland Y, Schneider S, Topinkova E, Vandewoude M, Zamboni M. Sarcopenia: European Consensus on Definition and Diagnosis. *Age Ageing* 2010;39:412-23.
  3. Deutz NE, Bauer JM, Barazzoni R, Biolo G, Boirie Y, Bony-Westphal A, Cederholm T, Cruz-Jentoft A, Krznarić Z, Nair KS, Singer P, Teta D, Tipton K, Calder PC. Protein intake and exercise for optimal muscle function with aging: Recommendations from the ESPEN Expert Group. *Clin Nutr* 2014;33:929-36.
  4. Franzon K, Zethelius B, Cederholm T, Kilander L. Modifiable midlife risk factors, independent ageing and survival in old men. Report on long-term follow-up of the ULSAM cohort. *J Am Geriatr Soc* 2015;63:877-85.
  5. Marklund M, Leander K, Vikström M, Laguzzi F, Gigante B, Sjögren P, Cederholm T, de Faire, Hellénus M, Risérus U. Polyunsaturated Fat Intake Estimated by Circulating Biomarkers and Risk of Cardiovascular Disease and All-Cause Mortality in a Population-Based Cohort of 60-year-old Men and Women. *Circulation* 2015;132:586-94.
  6. Bauer JM, Verlaan S, Bautmans I, Brandt K, Donini LM, Maggio M, McMurdo ME, Mets T, Seal C, Wijers SL, Ceda GP, De Vito G, Donders G, Drey M, Greig C, Holmbäck U, Narici M, McPhee J, Poggiogalle E, Power D, Scafoglieri A, Schultz R, Sieber CC, Cederholm T. Effects of a Vitamin D and Leucine-Enriched Whey Protein Nutritional Supplement on Measures of Sarcopenia in Older Adults, the PROVIDE Study: A Randomized, Double-Blind, Placebo-Controlled Trial. *J Am Med Dir Assoc* 2015;16:740-7.
  7. Flodin L, Cederholm T, Säaf M, Samnegård E, Al Ani A, Ekström W, Hedström M. Effects of protein-rich nutritional supplementation and bisphosphonates on body composition, handgrip strength and health-related quality of life after hip fracture: a 12-month randomized controlled study. *BMC Geriatrics* 2015 Nov 17;15:149. doi: 10.1186/s12877-015-0144-7.
  8. Cederholm T, Bosaeus I, Barazzoni R, Bauer J, Van Gossum A, Klek S, Muscaritoli M, Nyulasi I, Ockenga J, Schneider SM, de van der Schueren M.A.E., Singer P. Diagnostic criteria for malnutrition – An ESPEN consensus statement. *Clin Nutr* 2015;34:335-40.
  9. Fielding RA, Trivison TG, Kirn DR, Koochek A, Reid KF, von Berens Å, Zhu H, Foltz S, Sacheck J, Nelson M, Liu C, Åberg AC, Nydahl M, Gustafsson T, Cederholm T. Effect of Structured Physical Activity and Nutritional Supplementation on Physical Function in Mobility-Limited Older Adults: Results from the VIVE2 Randomized Trial. *J Nutr Health Aging* 2017;21:936-42.
  10. Cederholm T, Barazzoni R, Austin P, Ballmer P, Biolo G, Compher C, Correia I, Bischoff SC, Higashiguchi T, Holst M, Jensen GL, Malone A, Muscaritoli M, Nyulasi I, Pirlich M, Rothenberg E, Schindler K, Schneider SM, de van der Schueren MAE, Sieber C, Valentini L, Yu JC, Van Gossum A, Singer P. ESPEN Guidelines on Definitions and Terminology of Clinical Nutrition. *Clin Nutr* 2017;36:4964.